

South East Regional Family Support Network Bereavement Group 2024

The bereavement support group provides a safe space for family members who have experienced the death of a loved one because of problem substance use or related issues. A place to share their experience of loss and grief amongst peers, and to help them find support for themselves and their family at this difficult time.

It can help to feel you are not alone.

The group is facilitated by two trained psychotherapists and will include respite and other opportunities that may be relevant.

This is a free service specific to the South East Regional Family Support Network

Commencing: Tuesday 3rd of September 2024 at

10.30am - 12.00pm and will continue for 8 weeks

Where: Millennium Building, Church Rd, Lisduggan,
Waterford. X91 FN5V

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