

South East Regional Family Support Network Bereavement Support Group

The bereavement support group provides a safe space for members of our family support groups who have experienced the death of a loved one because of substance use or related issues. A place to share something of their experience of loss and grief and provide some ways to help them and their family handle this difficult time a little more easily. It can help to feel you are not alone.

The group is facilitated by two trained counsellors and will include respite and other opportunities that may be relevant.

This is a free service specific to the South East Regional Family Support Network

Commencing: Tuesday 29th of August at 10.30am - 12.00pm and will continue for 8 weeks

Where: Millennium Building, Church Rd, Lisduggan,
Waterford. X91 FN5V

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