



South-East Regional Family Support Bereavement Group

The bereavement support group provides a safe space for members of our family support groups who have experienced the death of a loved one because of substance use or related issues. A place to share something of their experience of loss and grief and provide some ways to help them and their family handle this difficult time a little more easily. It can help to feel you are not alone.

The group will be facilitated by two trained counsellors and will include respite and other opportunities that may be relevant.

This is a free service specific to the SERFSN

The first session will take place:

When: Wednesday 19th January

Where: Millennium Building, Church Rd, Lisduggan,
Waterford. X91FN5V

Contact Details: Breda @ 086 6045805